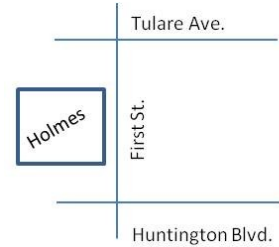


# Building Healthy Communities-Summer Night Lights Program

## Holmes Neighborhood Center - 212 S. First Street

**Free (Gratis)**



**Drop-In Social Recreation**  
(Tiempo de Recreacion Social)

**Monday-Friday 3:00pm-10:00pm**  
(Lunes-Viernes 3pm-10pm)  
**Saturdays 1:00pm-6:00pm**  
(Sabado 1pm-6pm)



**Snack Program**  
(Program de Meriendas)

**Monday-Friday 3:30pm—4:30pm**  
(Lunes-Viernes 3:30pm-4:30pm)



**Ages 1-17**  
(Edad 1-17)

**Indoor Soccer**  
(Futbol Bajo Techo)

**Mondays 6:00pm-8:00pm**  
(Lunes 6pm-8pm)

**Youth & Adults**  
(Adolescentes y Adultos)

**Arts & Crafts**  
(Artes y Oficios)

**Tuesday/Wednesday/Thursdays 4pm-8pm**  
(Martes y Miercoles y Jueves 4pm-8pm)

**All ages**  
(todas las edades)

**Karate**

**Wednesdays 5:00pm-7:00pm**  
(Miercoles 5pm-7pm)



**All ages**  
(todas las edades)

**Healthy Cooking**  
(Cocina Saludable)

**Mondays 7:00pm-9:00pm**  
(Lunes 7pm-9pm)

**All ages**  
(todas las edades)

**Table Tennis**  
(Tenis de Mesa)

**Thursdays 5:00pm-9:00pm**  
(Jueves 5pm-9pm)



**All ages**  
(todas las edades)

**Computer Lab**  
(sale de computacion)

**Monday-Friday 3:00-8:00pm**  
(Lunes-Viernes 3pm-8pm)

**All ages**  
(todas las edades)

**Break Dancing**

**Tuesdays & Thursdays 6:00pm-8:00pm**  
(Martes y Jueves 6pm-8pm)

**Youth and Adults**  
(Adolescentes y Adultos)

**Zumba Dance**  
(Baile de Zumba)

**Mondays 8:00pm-9:00pm**  
(Lunes 8pm-9pm)  
**Wednesdays 7:00pm-8:00pm**  
(Miercoles 7pm-8pm)

**Youth & Adults**  
(Adolescentes y Adultos)

**Aztec Dancing**  
(Baile Azteca)

**Fridays 6:00—9:00pm**  
(Viernes 6pm-9pm)



**All ages**  
(todas las edades)

**Badminton**

**Fridays 6:00pm—9:00pm**  
(Viernes 6pm-9pm)

**Youth & Adults**  
(Adolescentes y Adultos)

**No Cost To Participate! Sign up with your PARCS Staff**  
For More Information, Call 488-1500 after 3:00pm

